



Office of the Director of Students' Welfare  
**GAUHATI UNIVERSITY**

Gopinath Bardoloi Nagar, GUWAHATI - 781014, Assam : India

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Ref. No. GU/D.S.W/Inter-Yogaday/2016/817-21

Date 03/06/16

To

All the Principals of the affiliated Colleges under Gauhati University.

**Sub: Regarding Observance of "International Day of Yoga" on 21 June, 2016.**

Ref. No. UGC letter No. 1-1/2016(Secy) dtd. 29.02.2016

Sir/Madam,

With reference to the subject cited above, I would like to inform you that Secretary, University Grants Commission, New Delhi in his letter to the hon'ble Vice-Chancellor, Gauhati University stated that 21<sup>st</sup> June should be observed as International day of Yoga and desires to adopt the following activities.

1. Yoga Practitioners may give a demonstration to the faculty and students in the morning.
2. A competition should be held amongst the students on practices of Yoga and best participants should be duly awarded with prizes & certificates in the main function to be organized.
3. Films on Yoga be screened and Posters be put exhibiting Yoga postures to bring awareness among the students and faculty.
4. Promotional literature on Yoga and benefits of Yoga be distributed amongst the student population and faculty.

As desired by the hon'ble Vice-Chancellor, GU , you are therefore requested to observe the International Day of Yoga on 21 June, 2016 in your College/ Institution and also requested to send a report to the undersigned for onward transmission to the UGC.

Thanking you,

Yours faithfully

*Sd/-*

Director, Students' Welfare  
Gauhati University

Memo No: GU/DSW/ Yoga Day/2016/

dtd 01.06.2016

Copy for information to:

1. The Secretary to the Vice-Chancellor, Gauhati University
2. The Secretary to the Registrar, Gauhati University
3. The Joint Registrar, GU with a request to place this notice in the GU website.

*Support to  
Khatia  
Welfare Cell  
T. 01/6*

*[Signature]*  
01/06/16

Director, Students' Welfare  
Gauhati University